

One of One

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WELLNESS CENTER

*“HAPPY IS THE ONE WHO HAS A HEALTHY
BODY, A WEALTHY SOUL AND A
WELL-EDUCATED NATURE – Thales”*

Discover our wellness center through the secret tunnels that lead you to the enlightenment of body, spirit and mind.

Treat yourself to the unforgettable pleasure of wellbeing rituals on the magical island of Santorini.

Our massage techniques stimulate and gently detoxify the body, while the herbal and organic products of CHARME D'ORIENT PARIS and TEGODER COSMETICS, with ingredients from the Greek nature, offer their healing action. All our organic products are certified by ECOCERT.

Our experienced staff will accompany you to a unique journey of senses with Greek aroma.

Start your visit to ONE OF ONE wellness center by enjoying the Steam Room and Sauna and complete your relaxation with the Cold Experience treatment which combines aromatherapy and chromotherapy.

SPA MENU

COUPLE MASSAGES

“THE GOOD IS THE BEAUTIFUL –Plato”

WELLNESS FOR TWO – 60min / 280€

Let us guide you and your partner through this beautiful experience in the absolute serene relaxation. Our therapists will perform a calming massage with essential oils in our special room for couples. This is the time to clear your mind, think of love, let stress fade away and relax the body.

COUPLE'S ZEN RITUAL – 90min / 320€

This treatment gives you the luxury of choosing a 70min full body relaxing massage combined with a revitalising face treatment with pure organic Argan oil applied with soothing strokes on the features, giving a natural lifting sensation and a glowing effect.

After your deeply relaxing experience, we will guide you to our breath taking alternative version of a “Scottish shower”. Choose between the Sauna or Steam Room and then step into a blast of cold water combined with chromotherapy and aromatherapy for an awakening of the soul.

MASSAGES

ONE OF ONE – 70min / 160€

Our One of One massage is a highly relaxing and pleasurable experience. The combination of eastern and western techniques performed on the entire body with warm karité butter (shea butter) encourages you to escape to a dreamy state of mind by recharging all the lost positive energy and melting away all the tension from the muscular system of your body. We complete this luxurious treatment with a face massage, through which pure organic Argan oil is applied on the face with soothing strokes on the features, offering a natural lifting sensation and a glowing effect.

AROMATHERAPY – 60min / 140€ or 90min / 210€

Massage based on the harmony of movement combined with the effects and the therapeutic properties of essential oils. Slow rhythmic movements and different types of fragrances from flowers and spices, such as lavender, orange blossom and jasmine, combined with warm almond oil, promise you absolute relaxation and revitalization with a positive effect on physical functions.

DEEP TISSUE – SPORT – 60min / 150€

A powerful therapeutic massage that goes in the deeper muscle layers and connective tissue through movements and techniques that unblock tension. As this massage relaxes the muscles and balances the nervous system, it is ideal for athletic people that need increased blood circulation around their muscles for an optimum performance in daily life.

CANDLE – 60min / 150€

Create a memorable experience for yourself with a magical warm candle massage. This creamy oil deeply nourishes the skin with a combination of various pressures and stretches, and relaxes the muscular system in an exquisite, perfumed ambiance.

ANTISTRES HEAD, BACK & SHOULDER – 30min / 70€

This delicate relaxing massage uses gentle techniques to open the energy centers of the face. This massage focuses on the head, neck and back areas to release built up muscle tension with the use of hot aromatic essential oils. This is for anyone who needs speedy relief from daily stress. You will soon feel relaxed, revived and ready to go.

FOOT & LEG RELAXING – 30min / 70€

Special massage moves for tired feet that stimulate and rest your aching and cuddly foot muscles. The massage is performed with a special oil which combines oils from cypress, ginger, eucalyptus, juniper and rosemary, accelerating blood circulation and toxin excretion.

SPECIAL MASSAGES

SPECIAL THERAPEUTIC – 60min / 160€ or 90min / 220€

This full body massage is customized for the specific needs of each individual. It is a combination of different therapeutic techniques: Swedish massage to calm and warm the soft tissue; Shiatsu movements that apply pressure on specific trigger points of different muscular chains of the body and Chiropractic as a complementary treatment of disorders of the neuromusculoskeletal system. The Special Therapeutic Massage helps to reduce pain and stiffness as well as rebalance the body's equilibrium.

MOTHER TO BE MESSAGE – 60min / 140€

Pamper yourself with a baby safe massage that starts with a relaxing back massage to ease back ache completed with a head, neck and shoulder massage to aid your breathing. We follow tension through your hands and arms, legs and feet to aid your well being.

- Available after first trimester of the pregnancy.

BODY TREATMENTS

“NOT LIFE, BUT GOOD LIFE IS TO BE CHIEFLY VALUED. – Socrates”

THE SECRET OF HAMMAM – 90min / 190€

Traditional hammam recipe that takes you through the world of eastern senses. You will navigate paths of unparalleled care, rejuvenation and detoxification. The ritual begins with a steam bath with black olive and eucalyptus soap that helps detoxify and rejuvenate the skin, follows a deep cleansing with the traditional disposable Kessa glove and moves on to the mask of volcanic mud that contains 21 minerals and trace elements important to the regeneration and revitalization of skin tissues.

The treatment is completed by moisturizing the body with an aromatic Karite butter massage.

THE MEDITERANEAN SEA WELLBEING – 90min / 180€

Treatment based on the elements of the Mediterranean Sea. It starts with a deep exfoliation based on sea salt enriched with olive oil, honey and oil aromas and moves on to the mask of volcanic mud that contains 21 minerals and trace elements, important to the regeneration and revitalization of skin tissues. Ideal tightening and nourishing treatment.

The treatment is completed with a half body aromatic massage, based on the harmony of waves. Enjoy a relaxation journey that will lead you to the sounds of the mediterranean sea.

ZEUS SUNCARE (skin treatment, post sun) – 50min / 130€

After long exposure under the sun, the skin needs moisture and calming agents. Mask of organic shea butter is applied as nutrition needed for a healthy-looking skin. We complete this treatment with a soft massage for total hydration.

FACIAL TREATMENTS

“BE AS YOU WISH TO SEEM. – SOCRATES”

EXTRACT OF AEGEAN SEA (Anti-aging) – 70 min / 140€

Like a dash of fresh Aegean Sea breeze, this treatment with sea collagen, caviar, seaweed and sealuronic gel will give you the necessary firming facial treatment you need. One of the main sources of beauty, the marine extracts, high in minerals and vitamins, are a great weapon against ageing. This journey is complemented with a décolleté and face massage with pure organic Argan oil for the best absorption.

VITAMINS ELIXIR (Moisturizing, post sun) – 50min / 120€

Enhanced treatment enriched with therapeutic and soothing properties offered by bisabolol, Karite butter and Vitamin E. A unique combination for hydration, nourishment and regeneration with pure ingredients. A “must have” treatment, especially after prolonged exposure to the sun, with spectacular results.

ARGAN OIL & KARITE BUTTER FOR MEN – 60min / 130€

A specialized facial treatment for men's skin. A complete men's care product line, designed especially for the needs of male skin, including blackcurrant and black cumin, is used throughout the treatment, offering nutrition and hydration. Combined with advanced massage techniques performed by our skilled therapists, this treatment will take all the tension away.

EXPRESS TREATMENTS

FACE TREATMENTS

OPSIS EYE CARE WITH MYRTLE – 30min / 50€

Rich treatment for the delicate area around the eyes. The beneficial properties of myrtle, aloe, red grape, vitamins A, E and F effectively fight wrinkles, puffiness and dark circles under the eyes. Perfect results for moisturizing, firming and brightness around the eye area.

BODY TREATMENTS

SCRUB WITH SEA SALT, HONEY AND ROYAL JELLY – 30min / 70€

An indulgent body exfoliation combining natural sea salt with pure honey and precious royal jelly. This revitalizing scrub, gently removes dead skin cells, stimulates circulation and promotes skin renewal, while honey and royal jelly deeply nourish, hydrate and restore the skin's natural radiance.

VOLCANIC MUD MASK WITH MINERAS & ARGAN OIL – 30min / 70€

A nourishing body mask enriched with Argan oil and volcanic mud with essential minerals & trace elements. Helps eliminate toxins, improve circulation and leave the skin deeply nourished and revitalized.

ADDITIONAL FACILITIES

SOUL STEAM BATH

A steam bath of 43 – 45 degrees Celsius water temperature and 98% humidity, creates a warm environment, that helps to properly supply the skin with blood, eliminate toxins from the body and works beneficially for people with respiratory problems.

FINNISH SPORT SAUNA

At a temperature of 80 – 100 degrees Celsius and a humidity of 10% - 20%, the sauna offers a very warm environment, which helps relax the muscular system, increase the rate of blood flow, improve metabolism, relieve from toxins and offer total relaxation. It can ideally be combined with a holistic body therapy.

REACTION SHOWER - COLD EXPERIENCE

Immerse yourself in a cave inspired cabin to rejuvenate the senses. The cold experience therapy stimulates you thanks to the pleasant contact of icy water in high pressure combined with red light chromotherapy and refreshing aromas that leave the skin softly scented. Designed to invigorate the body, enhance circulation and provide ultimate refreshment after the heat of the soul steam bath or the Finnish sport sauna.

FITNESS ROOM

Our wellness center includes a fitness facility featuring advanced performance Technogym equipment.

BEAUTY TREATMENT (HAIR STYLE, MAKE UP & MANI-PEDI)

The perfect face treatment always ends with a perfect hair styling, make up and a beautiful manicure and pedicure.

Our specialized partner will offer you the best care for any occasion that will show off your natural beauty.

• These services are available upon request. For arrangements, please call the front office reception. (Dial 0 or WhatsApp on +30 6949268566)

SPA PROTOCOL

Hours of operation: 10:00 until 20:00. Last appointment at 19:00

Getting ready for your treatment:

Ladies who have salt peeling appointments should avoid shaving before their treatments. If you have sunburn, avoid treatments that include a peeling application. Men are advised to shave before enjoying a facial treatment to ensure maximum skin nourishment and efficacy of the treatment. Bath robes, slippers and bath towels will be provided free of charge. The bathrooms have private lockers for your belongings.

Late arrivals:

Out of respect for other guests' reservations, please be aware that we are unable to extend your treatment time in case of late arrivals.

Cancellation:

Cancellations or reschedules must be made 8 hours before your appointment for no charge. When they are made in less than 8 hours before your appointment, there will be a charge of 50% of the booked treatment. Non show will be charged with the full amount of the booked treatment.

Stay in the area:

While you are enjoying your time in our wellness center, we offer you refreshing drinks. Our wellness center features changing rooms with private shower, secure locker cabinets, bathrobes and personal care products.

For reservations or information, please dial 0 for the front office reception or send an email at frontoffice@oneofonehotel.com

Prices are inclusive of VAT 24%

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